

Delta Rec Soccer Rule 2018-2019

1. Substitutions

- A. After any goal scored
- B. After your team's own throw in
- C. Any goal kick
- D. You can NOT sub on a corner kick

*All players need to report to the center line and be signaled in by the referee before entering the field of play.

2. Duration of the game

- A. U4 = 6 minute quarters
- B. U6 = 8 minute quarters
- C. U8 = 20 minute halves
- D. U10 = 25 minute halves
- E. U12 = 30 minute halves
- F. U14 = 35 minute halves

*There will be a 2 minute break between quarters and a 5 minute break between halves.

3. Number of Players

- A. U4 = 3 v 3
- B. U6 = 4 v 4
- C. U8 = 6 v 6
- D. U10 = 6 v 6
- E. U12 = 8 v 8
- F. U14 = 11 v 11

*If a team is short players or only has just enough to play, BOTH teams will play down.

4. Offsides

- A. U4 = None
- B. U6 and U8 = None (except stationing a player near the opponent's goal, also known as Cherry Picking, will not be tolerated)
- C. U10-U14 = FIFA rules

5. Penalty Kicks

- A. U6 = None, ball is placed at the top of half radius for direct kick.
- B. U8-U14 = will have penalty kicks if a MAJOR foul occurs in the box.

*Everyone must be out of the box and the half circle but the kicker and the goalie.

6. Free Kicks

- A. U6 and U8 the opposing team must stand at least 5 yards away from the ball
- B. U10 the opposing team must stand at least 8 yards away from the ball
- C. U12 and U14 the opposing team must stand at least 10 yards away from the ball.

7. Ball Size

- A. U4-U6 Size 3
- B. U8-U10 Size 4
- C. U12-U14 Size 5

8. Drop Kicks

U8 and U10 – goalies cannot drop kick or punt the soccer ball. They must kick it on the ground or roll it. All the defensive players must be behind the build out line until the ball is in play.

9. Heading the Ball

U10 and under – no heading allowed