

## Rules Quick Reference

A team CAN score on a kickoff. Ball does not need to touch another player first.

A team can NOT score on a throw in. Ball must be played after being thrown in. Proper throw in procedures must be followed – feet cannot come off the ground, ball must be thrown directly over head. U6 and U8 will be given another chance to repeat the throw in, if still done incorrectly ball is given to the other team to throw in.

When goalie picks up outside penalty box in U6 where there is no penalty box it is an indirect kick from the spot of the foul

Goalies can play one ½ of the game in U6-U10. Kids should play several positions at this developmental age.

U4/U6 is played in quarters. U8-U14 is played in halves

A direct free kick is awarded to the opposing team if a player commits any of the following seven offences in a manner considered by the referee to be careless, reckless or using excessive force:

- kicks or attempts to kick an opponent
- trips or attempts to trip an opponent
- jumps at an opponent
- charges an opponent
- strikes or attempts to strike an opponent
- pushes an opponent
- tackles an opponent

A direct free kick is also awarded to the opposing team if a player commits any of the following three offences:

- holds an opponent
- spits at an opponent
- handles the ball deliberately (except for the goalkeeper within his own penalty area)

A direct free kick is taken from the place where the offence occurred

An indirect kick occurs for all other fouls.